

How to use the free SAGE Write Dance resources at Education Hub link (3 extracts from Write Dance in the Early Years and Write Dance)

**It is all about the dancing, copy and paste this link** <https://resources.corwin.com/freewritedance>

To get started, begin with **Krongelidong** video. Watch the dancing and listen to the music. The film demonstrates the main principles of Write Dance in action. Fundamentally Write Dance is all about dancing and moving to music for body coordination because this active learning helps children develop their fine motor skills for handwriting.

After re-watching video find a space where you can move freely. **Krongelidong** dancing is based upon moving arms, legs, and body to make flowing, rounded shapes and movements.

As a follow up to the dancing, have a go at *music-drawings*. Use the clips of music (listed under the video) of short musical phrases to draw the same flowing movements. Secure paper down and use two hand; draw continuous lines (crayons, chalk, or fingers in paint) and make rounded flowing movements and keep dancing with your upper body so you are swaying in time with the music.

No need to use the worksheets. It is such fun to interpret the music and draw your own ideas. Once you have filled your drawing area with continuous coloured and flowing lines that criss-cross, try to find animal forms or figures and fantasy creatures. Draw the outlines of these figures and creatures and colour them in.

Have a go at **Pat-a-cake** music. It is all about making circular movements and the dancing can be stirring a big pot and mixing up pancake mix.

Next, watch **Trains and Robots**. Have a go using the music and video clips to guide you.

For greater challenge with pencil control. Look at **Ocean Waves, Beach Waves and Horses & Hares**. Watch the entire video. See how much fun you can have using sensory mark-making materials. The dance moves are up and over arm movements. Keep in time with the music! Place hands on hips and do side bends, then forward and back bends. Prowl forwards pouncing like a cat. Play the music again to make musical drawings as seen in the video.

**Enjoy all the dancing. Make large music-drawings with sensory materials. Do not worry about the worksheets, keep it fun. Take photos and send us your artworks, we can create a home-learning gallery on our website! To find Write Dance books and more information visit** <http://writedancetraining.com/>

*Diana and Nicole, Write Dance Training*